197km	Thurles to Knock Wal	<u> </u>			Dietaur / I
Date	Start Point	End Point	Start Time	FinishTime	Distance (<u>km</u>)
	Day 1 - Thu	rles - Templemore (Dis	stance - 22km)		
Wednesday,7th August	Start Point	End Point	Start Time	Finish Time (Approx.)	Distance Km
	Cathedral of the	Templemore Arms Hotel	09:00	16:00	22
	Assumption, Thurles				
	Day 2 - Tem	plemore - Roscrea (Di	stance - 23km)		
Thursday, 8th August	Start Point	End Point	Start Time	Finish Time (Approx.)	Distance Km
	Templemore Arms Hotel	Roscrea Town - St Cronan's Church	09:00	16:00	23.0
	Day 3 -		ce - 21km)		
Friday, 9th August	Start Point	End Point	Start Time	Finish Time (Approx.)	Distance Km
	Roscrea Town - St Cronan's	Birr Town - St Brendan's	09:00	15:30	21.0
	Church	Church			
	Day 4 - Birr	- Ferbane (Di	stance - 22km)		
Saturday, 10th August	Start Point	End Point	Start Time	Finish Time (Approx.)	Distance Km
	Birr Town - St Brendan's	Ferbane (Gallen	09:00	16:00	22.0
	Church	Community School)			
	Day 5 - Ferbane - At		(Distance	 	
Sunday, 11th August	Start Point	End Point	Start Time	Finish Time (Approx.)	Distance Km
	Ferbane (Gallen	Athlone St Mary's Church	09:00	16:30	23.0
	Community School)				
	Day 6 - Athlone	- Roscommon	(Distance - 31k	m)	
Monday, 12th August	Start Point	End Point	Start Time	Fnish 7me @ppox.}	Disonce Km
	Athlone St. Mary's Church	Roscommon (The	08:30	16:30	29.0
	,	Square)			
	Day 7 - Roscommon 1	Town - Ballymoe Village	(Distance	e - 21km)	
Tuesday, 13th August	Start Point	End Point	Start Time	Finish Time (Approx.)	Distance Km
	Roscommon (The Square)	Ballymoe Village	08:30	15:30	21.0
	Day 8 - Ballymoe Villag		(Distance	· · · · · · · · · · · · · · · · · · ·	
Wednesday, 14th August		End Point	Start Time	Finish Time (Approx.)	Distance Km
	Ballymoe Village	Ballyhaunis Village	08:30	15:45	24.0
	Day 9 - Ballyhaunis -		T ,	e - 11km)	1.
Thursday, 15th August	Start Point	End Point	Start Time	Finish Time (Approx.)	Distance Km
	Ballyhaunis Village	Knock Shrine	08:30	11:30	11.0